

Criterium VI Br&Br : Session: 94: COACH evaluation sheet for TEAM: ZORO

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Eugene Astrid

Coaches: Van Wassenhove Senne HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:1, starttime: 14:00	
Heat: 1/1 Lane : 3 Athlete: GRONDARD VAN SCHAGEN ANNA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+							Heat:2, starttime: 15:14	
Heat: 2/10 Lane : 2 Athlete: BOSTANICA ARNO							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+							Heat:3, starttime: 15:16	
Heat: 3/10 Lane : 2 Athlete: GRONDARD VAN SCHAGEN LUUK							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

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Event number: 5: 50M BACKSTROKE MEN 11+						Heat:6, starttime: 15:21	
Heat: 6/10 Lane : 3 Athlete: CRAPS LIAM						Q-time: 00:46:83	
PB (25m pool): no time				PB (50m pool): 00:42.78 SB: no time			
	2 5 M		5 0 M				
PB			no time				
	no time						
							

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:6, starttime: 16:08	
Heat: 6/11 Lane : 4 Athlete: BOSTANICA ARNO					Q-time: 01:28:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		no time		
	no time					
						

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 16:22	
Heat: 2/7 Lane : 2 Athlete: STEENO LIES					Q-time: 01:29:80	
PB (25m pool): 01:29.80 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:29.80 Liedekerke 11/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:41.89		01:29.80		
	00:41.89		00:47.91			
						

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 16:22	
Heat: 2/7 Lane : 3 Athlete: THIERENS CHIARA					Q-time: 01:35:20	
PB (25m pool): 01:35.20 Wildersportcomplex 16/03/2025					PB (50m pool): no time SB: 01:35.63 Liedekerke 11/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:43.50		01:35.20		
	00:43.50		00:51.70			
						

Coach feedback:

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Event number: 9: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 16:24
Heat: 3/7 Lane : 2 Athlete: ESAKOV ISABELLE					Q-time: 01:24:28
PB (25m pool): 01:24.28 Liedekerke 11/11/2025			PB (50m pool): no time SB: 01:24.28 Liedekerke 11/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.53		01:24.28	
	00:38.53		00:45.75		
					

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 16:24
Heat: 3/7 Lane : 3 Athlete: PEETROONS ZENA					Q-time: 01:26:11
PB (25m pool): 01:26.11 Liedekerke 11/11/2025			PB (50m pool): 01:32.29 SB: 01:26.11 Liedekerke 11/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.61		01:26.11	
	00:38.61		00:47.50		
					

Coach feedback:

Event number: 10: 100M BACKSTROKE MIXED 10-9					Heat:1, starttime: 16:33
Heat: 1/5 Lane : 1 Athlete: GRONDARD VAN SCHAGEN ANNA					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+							Heat:2, starttime: 17:12	
Heat: 2/6 Lane : 2 Athlete: CRAPS LIAM							Q-time: 03:21:15	
PB (25m pool): 03:21.15 Sint-Pieters-Leeuw 05/10/2025				PB (50m pool): 03:29.59SB: 03:21.15 Sint-Pieters-Leeuw 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.09		no time		no time		03:21.15
	00:44.09							
								

Coach feedback:

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Event number: 13: 200M MEDLEY MEN 11+							Heat:4, starttime: 17:20	
Heat: 4/6 Lane : 4 Athlete: GRONDARD VAN SCHAGEN LUUK							Q-time: 03:11:49	
PB (25m pool): no time			PB (50m pool): 03:11.49 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 14: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 17:31	
Heat: 1/5 Lane : 2 Athlete: STEENO LIES							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 14: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 17:36	
Heat: 2/5 Lane : 3 Athlete: ESAKOV ISABELLE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 14: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 17:41	
Heat: 3/5 Lane : 4 Athlete: THIERENS CHIARA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 14: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 17:45	
Heat: 4/5 Lane : 1 Athlete: PEETROONS ZENA							Q-time: 03:48:67	
PB (25m pool): 03:48.67 Aarschot 04/05/2025							PB (50m pool): 03:55.50 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.39		01:48.42		no time		03:48.67
	00:50.39		00:58.03					
								

Coach feedback: